

Top Ten Test-Taking Tips for Students

Here are the top ten tips to success!

1. Have a Positive Attitude

Approach the big test as you'd approach a giant jigsaw puzzle. It might be tough, but you can do it! A positive attitude goes a long way toward success.

2. Make a Plan

The week before the test, ask your teacher what the test is going to cover. Is it from the textbook only? Class notes? Can you use your calculator? If you've been absent, talk to friends about material you may have missed. Make a list of the most important topics to be covered and use that as a guide when you study. Circle items that you know will require extra time. Be sure to plan extra time to study the most challenging topics.

3. The Night Before

Cramming doesn't work. If you've followed a study plan, the night before the test you should do a quick review and get to bed early. Remember, your brain and body need sleep to function well, so don't stay up late!

4. The Morning of the Test

Did you know that you think better when you have a full stomach? So don't skip breakfast the morning of the test. Get to school early and do a ten-minute power study right before the test, so your brain is turned on and tuned up.

5. Test Time

Before the test begins, make sure you have everything you'll need - scratch paper, extra pencils, your calculator (if you're allowed to use it). Understand how the test is scored: Do you lose points for incorrect answers? Or is it better to make guesses when you're not sure of the answer? Read the instructions! You want to make sure you are marking answers correctly.

6. Manage Your Time

Scan through the test quickly before starting. Answering the easy questions first can be a time saver and a confidence builder. Plus, it saves more time in the end for you to focus on the hard stuff.

7. I'm Stuck!

Those tricky problems can knock you off balance. Don't get worried or frustrated.

Reread the question to make sure you understand it, and then try to solve it the best way you know how. If you're still stuck, circle it and move on. You can come back to it later. What if you have no idea about the answer? Review your options and make the best guess you can, but only if you don't lose points for wrong answers.

8. Multiple-Choice Questions

The process of elimination can help you choose the correct answer in a multiple-choice question. Start by crossing off the answers that couldn't be right. Then spend your time focusing on the possible correct choices before selecting your answer.

9. Neatness Counts

If your 4s look like 9s, it could be a problem. Be sure that your writing is legible and that you erase your mistakes. For machine-scored tests, fill in the spaces carefully.

10. I'm Done!

Not so fast - when you complete the last item on the test, remember that you're not done yet. First, check the clock and go back to review your answers, making sure that you didn't make any careless mistakes (such as putting the right answer in the wrong place or skipping a question). Spend the last remaining minutes going over the hardest problems before you turn in your test.

Follow these test tips, and you'll know you did your best - congratulations!

<http://academic.udayton.edu/Legaled/online/exams/exam06.htm>

Come prepared; arrive early for tests. Bring all the materials you will need such as pencils and pens, a calculator, snacks, and a watch. This will help you focus on the task at hand.

Stay relaxed and confident. Don't let yourself become *anxious*. Don't talk to other students before a test; anxiety is contagious. Instead, remind yourself that you are well-prepared and are going to do well. If you feel anxious before or during a test, take several slow, deep breaths to relax.

Be comfortable but alert. Choose a good spot to take the test. Make sure you have enough room to work. Maintain an upright posture in your seat.

Preview the test (if it is not timed). Spend 10% of your test time reading through the test carefully, marking key facts and issues and deciding how to budget your time. As you read the questions, jot down brief notes indicating ideas you can use later in your answers.

When taking a multiple choice test, know when to guess. First eliminate answers you know are wrong. Always guess when there is no penalty for guessing or you can eliminate options. Don't guess if you have no basis for your choice and if you are penalized for guessing. Since your first choice is usually correct, don't change your answers unless you are sure of the correction.

When taking essay tests, think before you write. Create a brief outline for your essay by jotting down a few words to indicate ideas you want to discuss. Then number the items in your list to indicate the order in which you will discuss them.

When taking essay test, get right to the point. State your main point in the first sentence. Use your first paragraph to provide an overview of your essay. Use the rest of your essay to discuss these points in more detail.

Reserve 10% of your test time for review. Review your test; resist the urge to leave as soon as you have completed all the items. Make sure you have answered all the questions. Proofread your writing for spelling, grammar, and punctuation.

Analyze your test results. Each test can further prepare you for the next test. Decide which strategies worked best for you. Identify those that didn't work well and replace them. Use your tests to review when studying for final exams.

